


pocket full of questions

flow

a.k.a. sessions





Who leads the sessions?

Who controls the conversation?

What are my expectations?

Who decides when the story starts and where it ends?



What are the differences between communication and expression?


How do I explore the in-between of what is said and not said, what I think I understand and what the person wants to express or communicate?

When do I bring in my knowledge, through psychoeducation, or political education?

How do I share through questions and leave space for collaboration, rather than statements of knowledge and assumed expertise?

When I define someone's story or experience based on my preconceived understanding, do I also exclude parts of the story I don't understand?

How do I avoid silencing the person, dismissing their story?



What are my judgements?

Do I have to use  
my judgement to  
be anti-  
oppressive?

What do I do when I work with someone who says or does harmful, racist things?

How do I invite hurtful/harmful statements into question?

How do I work with differences?

What are my commitments in working with this person?

How do I prioritize my commitment to the person over my curiosity about the person?

What is the direction of my curiosity?

Does it align with a commitment and responsibility to care?

How do I ask questions to support people to recognize/organize their thinking/feelings rather than for my curiosity to know?



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2022