

Image descriptions:

Page 1:

Cover image depicting background photo of close-up of the ocean water in shades of green and teal, with small pieces of decorative paper collaged on top. The texts are in white:

“Pocket full of questions” in a black textbox

“jumping-off points” in a magenta textbox

“a.k.a intake” in black textbox.

Page 2 and 3 spread:

Background of blue watercolour throughout the spread, with collaged strip of paper from a subway map at the bottom left, and small pieces of decorative paper with floral prints at the top right. The texts are in white on top of magenta or black textboxes throughout the zine:

“What is culture?”

“How do I directly invite stories of cultural wisdom, cultural considerations?”

“What language /words does the person talk about culture in?”

“How do I imagine the person would answer?”

“Do I already hold expectations for what the right answer is?”

“Have they answered my questions but just not the way I would answer it or understand it?”

“What has the person experienced with me or another person that makes them think that there is a right answer or right way of being, that their way doesn't suffice?”

Page 4 and 5 spread:

Background of blue watercolour and decorative collage paper pieces at the top of the page continues from page 3 on the left half of the spread. The texts read:

“How did therapy work for the person before, what didn't work?”

“What are the person's priorities?”

“How do I avoid imposing my own agenda?”

“What is my agenda?”

On the right side of the spread is an image from space of a cluster of stars. The texts read:

“How do we make space for people to come back to their own power?”

“How to we centre the person's needs, strengths and wisdoms for their quality of life?”

Page 6 and 7 spread:

Background of darker shades of blue watercolour with white paint speckles across the spread. The texts read:

“What are the person's goals?”

“What are my goals?”

“How do we explore the in-between of what is said and not said, what we think we understand and what the person wants to express or communicate?”

“Does every part of the person's story need to be communicated or expressed in ways I can understand?”

“How do we hold space for stories of violence?”

“What is the goal of asking questions about stories of violence?”

“Is the person consenting to relive the moments of violence in the retelling?”

“What is the person's relationship with the story?”

“Do I have the kind of relationship with the person that can offer them steadiness to tell their story, like supporting them to learn how to ride a bike without the training wheels?”

“When does the person tell the story?”

Page 8:

Back cover image has background of darker shades of blue watercolour that continues from pages 6 and 7. Small pieces of brown and book page paper collaged in the lower right part of the page, with a line drawing of the back part of a bicycle in white going off the page. The texts read:

“Art & text by Virginia Jahyu & Patricia Ki, 2022”.