

How do I ask questions to support people to recognize/organize their thinking/feelings rather than for my curiosity to know?

Does it align with a commitment and responsibility to care?

What is the direction of my curiosity?

How do I prioritize my commitment to the person over my curiosity about the person?

How do I prioritize my commitment to the person over working with this person?

What are my commitments in working with this person?

How do I work with differences?

How do I invite hurtful/harmful statements into question?

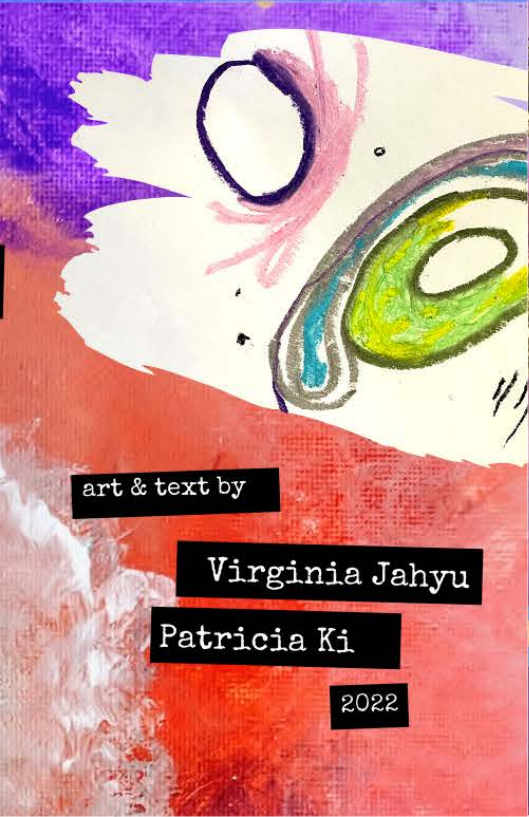
What do I do when I work with someone who says or does harmful, racist things?

Do I have to use my judgement to be anti-oppressive?

What are my judgements?

How do I avoid silencing the person, dismissing their story?

When I define someone's story or experience based on my preconceived understanding, do I also exclude parts of the story I don't understand?



pocket full of questions

flow

a.k.a. sessions

Who leads the sessions?

Who controls the conversation?

What are my expectations?

Who decides when the story starts and where it ends?

What are the differences between communication and expression?

How do I explore the in-between of what is said and not said, what I think I understand and what the person wants to express or communicate?

When do I bring in my knowledge, through psychoeducation, or political education?

How do I share through questions and leave space for collaboration, rather than statements of knowledge and assumed expertise?

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